

Shivaji University, Kolhapur
B. A. (Part - III)
Choice Based Credit System
(Introduced From June, 2020 onwards)

Semester – V Course Code: DSE – E –88

- i) Paper No. IX**
ii) Title of Paper : INTRODUCTION TO PSYCHOPATHOLOGY
iii) Specific Objectives :

- 1) To make the students familiar with the field of Psychopathology.
- 2) To acquaint students with various perspectives of Psychopathology.
- 3) To make the students understand Anxiety and Obsessive Compulsive Disorder.
- 4) To acquaint students with Mood Disorders and Suicide.

iv) Module	No. of Credits
Module - 1: Psychopathology: An Overview	01
Module - 2: Perspectives of Psychopathology	01
Module - 3: Anxiety and Obsessive-Compulsive Disorder	01
Module - 4: Mood Disorders and Suicide	01

v) Recommended Reading:

a) Book for Study:

Butcher, J. N., Hooley, J. M. and Mineka, S. (2018). Abnormal Psychology. 17th edition, Pearson Education Inc.

b) Books for Reference:

Butcher, J. N., Hooley, J. M. and Mineka, S. (2018). Abnormal Psychology. 16th edition, Pearson Education Inc.

Carson, R. C., Butcher, J. N. and Mineka, S. (1996). Abnormal Psychology and Modern Life. 10th edition, New York: Harper Collins

Comer, R. J. (2013). Abnormal Psychology. 8th edition, New York: worth Publishers.

Sarason, I. G. And Sarason, B. R. (2009). Abnormal Psychology: The Problem of Maladaptive Behaviour. 11th edition, Delhi : Pearson Education (Singapore) Pvt. Ltd., (First Impression – 2007)

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PAPER- IX: INTRODUCTION TO PSYCHOPATHOLOGY
DSE – E 88

Module 1: Psychopathology: An Overview

- Indicators of Abnormality
 - A) Subjective Distress
 - B) Maladaptiveness
 - C) Statistical deviancy
 - D) Violation of the Standards of Society
 - E) Social Discomfort
 - F) Irrationality and Unpredictability
 - G) Dangerousness
- The DSM – 5 and the Definition of Mental Disorder
- Classification and Diagnosis
 - A) Advantages and Disadvantages of Classification
 - B) How can we reduce prejudicial attitudes toward people who are mentally ill
- How common are Mental Disorders
 - A) Prevalence and Incidence
 - B) Prevalence estimates for Mental Disorders
 - C) The Global burden of disease
 - D) Treatment
 - E) Mental Health Professionals

Module 2: Perspectives of Psychopathology

- The Biological Perspective
 - A) Genetic Vulnerabilities
 - B) Brain Dysfunction and Neural Plasticity
 - C) Imbalances of Neurotransmitters and Hormones
 - D) Temperament
- The Freud's Psychoanalytic Perspective
 - A) The Structure of Personality
 - B) Defense Mechanisms
 - C) Psychosexual Stages of Development
 - D) The Oedipus complex and the Electra complex
- The Behavioural Perspective
 - A) Classical Conditioning
 - B) Operant Conditioning

- C) Generalization and Discrimination
- D) Observational Learning
- The Social Perspective
 - A) Early Deprivation or Trauma
 - B) Problems in Parenting Style
 - C) Marital Discord and Divorce
 - D) Low Socio-economic Status and Unemployment

Module 3: Anxiety and Obsessive-Compulsive Disorder

Anxiety Disorders

- A) Specific Phobia
 - i) Prevalence, Age of Onset and Gender Differences
 - ii) Causal Factors
 - iii) Treatments
- B) Social Phobia
 - i) Prevalence, Age of Onset and Gender Differences
 - ii) Causal Factors
 - iii) Treatments
- C) Agoraphobia (Panic Disorder)
 - i) Prevalence, Age of Onset and Gender Differences
 - ii) Causal Factors
 - iii) Treatments
- D) Generalized Anxiety Disorder
 - i) Prevalence, Age of Onset and Gender Differences
 - ii) Causal Factors
 - iii) Treatments

Obsessive-Compulsive Related Disorder

- A) Obsessive-Compulsive Disorder
 - i) Prevalence, Age of Onset and Gender Differences
 - ii) Causal Factors
 - iii) Treatments
- B) Body Dysmorphic Disorder
 - i) Prevalence, Age of Onset and Gender Differences
 - ii) Causal Factors
 - iii) Treatments

Module 4: Mood Disorders and Suicide

- Unipolar Depressive Disorders
 - A) Major Depressive Disorder
 - B) Persistent Depressive Disorder
 - C) Causal Factors
 - i) Biological Causal Factors
 - ii) Psychological Causal Factors

- Bipolar and Related Disorders
 - A) Cyclothymic Disorder
 - B) Bipolar Disorders (I and II)
 - C) Causal Factors
 - i) Biological Causal Factors
 - ii) Psychological Causal Factors
- Treatments of Mood Disorders
 - A) Pharmacotherapy
 - B) Alternative Biological Treatments
 - C) Psychotherapy
- Suicide
 - A) Psychological Disorder
 - B) Factors Associated with Suicide
 - C) Theoretical Models of Suicidal Behaviour
 - D) Suicide Prevention and Intervention

(Note: Question papers as per pre-revised syllabi will be set at the examination to be held in October 2020 and April 2021 for the benefit of repeater students.)
